



Hempstead Elementary Breakfast

May 2025

More Info:

Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate* (all antibiotic & hormone free) *FF Chocolate Milk available to Grades K-5 only
Daily Fruit Offerings (Juice available to Grades K-5 only): Apple slices, orange, seasonal fresh fruit, plus 100% juice offerings (apple, fruit punch, orange, grape)

Daily Breakfast Offerings: Assorted WG cereal bars & bowls, assorted WG muffins, WG bagel w/ cream cheese, Egg & cheese sandwiches with or without Bacon (P) on WG roll.

Please Note: Items with (P) denotes contains pork.

Grades K-12 are offering vs serve and must choose at least three, up to four, of the below mentioned items. One of the items must be some fruit.

Grain (all grain offerings count as two items)

Fruit (must pick 1)

Milk (pick up to one)



This institution is an equal opportunity provider.

			1 WG Donut Fruit Choice Juice Choice	2 WG Cinnamon Roll Milk Fruit Choice Juice Choice
5 WG Cold Cereal Yogurt Fruit Choice Juice Choice	6 WG Cinnamon Roll Fruit Choice Juice Choice	7 WG Cereal Bar Milk Fruit Choice Juice Choice	8 WG Muffin Fruit Choice Juice Choice	9 WG Mini Pancakes Fruit Choice Juice Choice
12 WG Donut Fruit Choice Juice Choice	13 WG Bagels with Cream Cheese Fruit Choice Juice Choice	14 WG Cold Cereal Yogurt Fruit Choice Juice Choice	15 WG Muffin Fruit Choice Juice Choice	16 WG Cinnamon Roll Fruit Choice Juice Choice
19 WG Mini Pancakes Fruit Choice Juice Choice	20 WG Cereal Bar Milk Fruit Choice Juice Choice	21 WG Muffin Fruit Choice Juice Choice	22 WG Cold Cereal Yogurt Fruit Choice Juice Choice	23 School Closed
26 School Closed	27 WG Bagels with Cream Cheese Fruit Choice Juice Choice	28 WG Cereal Bar Milk Fruit Choice Juice Choice	29 WG Cinnamon Roll Fruit Choice Juice Choice	30 WG Mini Pancakes Fruit Choice Juice Choice